



## 10 Tips to Help You Begin Living Your Most Amazing Life

1. Dream Big
2. Stay Positive
3. Lose Your Comfort Zone
4. Don't Procrastinate
5. Small Steps are Better than No Steps
6. Don't Fear Failure
7. Trust Yourself
8. Be Realistic
9. Set Goals
10. Be Relentless

### ***About the Author***

Rhonda Williams is an entrepreneur, executive life strategist, author and speaker. As a former healthcare executive, Rhonda developed a passion for helping others reach their true potential. She's used her own life as a petri dish to learn to manage her life in pursuit of her dreams often turning lemons into lemonade. As The Dream Life Coach, Rhonda helps others do the same.

Have a comment, questions or would you like to information regarding coaching or speaking engagements?  
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